

California Healthy Kids Survey

Bear River 2021



CHKS

134 students in 7th grade in May 2021

105 students participated in the online anonymous survey

83% Hybrid model

7% Distance Learning students

10% didn't respond

Adult Support

Table A7.7

Adult Supports Scale Questions

	Grade 7 %
Adult supports	
<i>Average reporting “Pretty much true” or “Very much true”</i>	72
<i>How true do you feel these statements are about your family?</i>	
There is an adult who really cares about me.	
Not at all true	5
A little true	6
Pretty much true	13
Very much true	76
There is an adult who talks with me about my problems.	
Not at all true	18
A little true	21
Pretty much true	15
Very much true	46
There is an adult who helps me when I am having a hard time.	
Not at all true	14
A little true	19
Pretty much true	11
Very much true	55

Bullying

	Grade / %
During the past 12 months, how many times on school property have you...	
been made fun of because of your looks or the way you talk? (In-School and Hybrid Only)	
0 times	61
1 time	15
2 to 3 times	13
4 or more times	11
had your property stolen or deliberately damaged? (In-School and Hybrid Only)	
0 times	91
1 time	5
2 to 3 times	0
4 or more times	4
been made fun of, insulted, or called names? (In-School and Hybrid Only)	
0 times	52
1 time	20
2 to 3 times	11
4 or more times	17
During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?	
0 times (never)	70
1 time	15
2 to 3 times	11
4 or more times	4

Alcohol & Drugs

Table A9.3
Lifetime AOD Use

	Grade 7 %
Alcohol (one full drink)	
0 times	83
1 time	6
2 to 3 times	3
4 or more times	8
Marijuana (smoke, vape, eat, or drink)	
0 times	93
1 time	0
2 to 3 times	2
4 or more times	5
Inhalants	
0 times	96
1 time	1
2 to 3 times	0
4 or more times	3
Cocaine, methamphetamine, or any amphetamines	
0 times	na
1 time	na
2 to 3 times	na
4 or more times	na
Heroin	
0 times	na
1 time	na
2 to 3 times	na
4 or more times	na

Marijuana

Table A9.4

Methods of Marijuana Consumption

	Grade 7 %
<i>During your life, how many times have you used marijuana in any of the following ways...</i>	
Smoke it?	
0 times	94
1 time	2
2 to 3 times	0
4 or more times	4
In a vaping device?	
0 times	94
1 time	2
2 to 3 times	0
4 or more times	4
Eat or drink it in products made with marijuana?	
0 times	96
1 time	3
2 to 3 times	0
4 or more times	1

Cigarettes & Vaping

17% said they didn't know there was an anti-tobacco policy

	%
Use Prevalence and Patterns	
Ever smoked a whole cigarette	2
Current cigarette smoking [¶]	2
Current cigarette smoking at school ^{¶ψ}	
Ever tried smokeless tobacco	4
Current smokeless tobacco use [¶]	2
Current smokeless tobacco use at school ^{¶ψ}	
Ever used vape products	9
Current use of vape products [¶]	6
Current vaping at school ^{¶ψ}	
Cessation Attempts	
Tried to quit or stop using cigarettes ^Φ	na
Tried to quit or stop using vapes ^Φ	na
Attitudes and Correlates	
Harmfulness of occasional cigarette smoking ^{BΦ}	28
Harmfulness of smoking 1 or more packs/day ^{BΦ}	57
Harmfulness of vaping occasionally ^{BΦ}	31
Harmfulness of vaping several times a day ^{BΦ}	65
Difficulty of obtaining cigarettes ^{CΦ}	11
Difficulty of obtaining vape products ^{CΦ}	9
Anti-Tobacco Policy	
School bans tobacco use and vaping ^Φ	81

Mental Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %
No	56
Yes	44

Question HS A.153/MS A.141: During the past 12 months, did you ever feel for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %
No	71
Yes	29